

Praise and Worship + Intercessory Prayer

Praise and Worship (20 minutes)

2 worship songs; 2 theme songs (please choose 2 songs):

1. *Battle Belongs*
2. *Defender*
3. *My Great Confidence*
4. *Through It All*

ICEBREAKER (10 minutes)

After doing an icebreaker, please explain the value that you learn from the icebreaker.

Title: Soul Healing

Instruction: The cell leader asks the cell members to share their experiences about being healed mentally by God.

Value: God has provided the best 'medicine' for His children.

SHARING THE APPLICATION OF THE WORD OF GOD (50-60 minutes)

Goal: all members could do and experience the truth of the Word of God.

Question: What are the theme and highlight of last week's sermon?

SOUL HEALING #1

MEDICINE FOR YOUR SOUL

I. MANY PEOPLE NEED MENTAL MEDICINE SO THAT THEIR SOUL AND MENTALITY REMAIN HEALTHY.

- a. There are many types of mental, emotional and psychiatric disorders.
- b. God cares and wants to restore your mental health.

II. 5 CURES FOR THE SOUL.

1. BE HONEST WITH YOURSELF.

- **Job 7:11** *"Therefore I will not restrain my mouth; I will speak in the **anguish of my spirit**; I will complain in the **bitterness of my soul**."*
 - **Lamentations 1:20** *"See, O Lord, that I am in distress; my soul is troubled; my heart is **overturned within me**, for I have been very rebellious. Outside the sword bereaves, at home it is like death."*
 - **Mark 14:33-34** *And He took Peter, James, and John with Him, and He began to be troubled and deeply distressed.³⁴ Then He said to them, "**My soul is exceedingly sorrowful, even to death. Stay here and watch.**"*

2. IMMEDIATELY COME TO JESUS, THE COUNSELOR.

- **Why do we need to come to the Lord Jesus?**
- **First, because God is the owner of our soul!**

- Ezekiel 18:4a *“Behold, all souls are Mine; The soul of the father as well as the soul of the son is Mine;*
 - **Second, God is the overseer of our souls!**
 - 1 Peter 2:25 *For you were like sheep going astray, but have now returned to the Shepherd and **Overseer of your souls.***
 - **Third, because God cares about the condition of your soul.**
 - Psalm 31:7-8 *I will be glad and rejoice in Your mercy, for You have **considered my trouble;** You have **known my soul in adversities,** ⁸ and have not shut me up into the hand of the enemy; You **have set my feet in a wide place.***
 - **Fourth, because God is the High Priest who knows everything we feel.**
 - Hebrews 4:15 *For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.*
 - Hebrews 2:18 *For in that He Himself has suffered, being tempted, He is able to aid those who are tempted.*
 - **Medicine can help, but only God can heal.**
- 3. BRING ALL WORRIES IN PRAYER AND CALL TO GOD.**
- **Philippians 4:6-7** *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*
 - **Prayer will turn anxiety into peace and tranquility.**
 - Psalm 34:17-18 *The righteous cry out, and the Lord hears, and delivers them out of all their troubles. ¹⁸ The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.*
 - Psalm 138:3 *In the day when I cried out, You answered me, and made me bold with strength in my soul.*
- 4. SOAK IN THE PRESENCE OF GOD.**
- **Psalm 63:1-5** *A Psalm of David when he was in the wilderness of Judah. **O God, You are my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water. ² So I have looked for You in the sanctuary, to see Your power and Your glory. ³ Because Your lovingkindness is better than life, my lips shall praise You. ⁴ Thus I will bless You while I live; I will lift up my hands in Your name. ⁵ My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips.***
 - **THE PRESENCE OF GOD IS THE BEST PLACE OF RESTORATION FOR EVERY WOUNDED AND TIRED SOUL.**

QUESTIONS: What things that have made you anxious and sad? Please share!

APPLICATIONS: After listening the sermon, what kind of ‘medicine’ do you need so that you can experience soul healing?

Prophetic Prayer (10 minutes)

The leader of prayer invites gives courage and leads the members to pray together.

1. Great harvest and 1 million warriors.
2. Unity in Indonesia
3. God’s mighty visitation and unity in Keluarga Allah Global.
4. The Senior Pastor, Ps. Obaja Tanto Setiawan, his family also other servants

5. The struggle of every congregation and the names are written on Harvest Card.

Question: From the sermon on Sunday, who has applied the Word of God into practice and experienced the grace of God during the week?

- *Members who have become doer and have experienced the grace of God are invited to share one by one.*
 - *If there is none to share their testimony or none of them has received any breakthrough though they have applied it in their daily life, then it's the "application sharing" leader and Cell Leader to testify (This is the importance of a cell leader to apply the Word of God in their life, to be the testimony for the cell member)*
- *Use the testimonies to:*
 1. *To uphold the Word.*
 2. *To show the advantage of becoming the doer of the Word.*
 3. *To know how the members can become the doer of the Word.*

To encourage all members to become the doer of the Word that all could receive the grace of God.

PLAN and TARGET (15 minutes)

Cell leader leads this section which aims to evaluate the cell group and to plan the next week's cell group.

CLOSING PRAYER (5 minutes)