

Praise and Worship + Intercessory Prayer

Praise and Worship (20 minutes)

2 worship songs; 2 theme songs (please choose 2 songs):

1. *What A Beautiful Name*
2. *King of Kings*
3. *Tremble*
4. *All Hail King Jesus*

ICEBREAKER (10 minutes)

After doing an icebreaker, please explain the value that you learn from the icebreaker.

Title: Strength To Rise

Instruction: The cell leader asks the cell members to share their experiences about gaining strength to rise above problems of life.

Value: God is about to pour out His strength upon our life.

SHARING THE APPLICATION OF THE WORD OF GOD (50-60 minutes)

Goal: all members could do and experience the truth of the Word of God.

Question: What are the theme and highlight of last week's sermon?

LIGHT FOR YOUR DARKEST HOUR #2

STRENGTH TO RISE

I. OUR GOD HAS THE POWER TO RISE!

- Matthew 27:62-66** ⁶² *On the next day, which followed the Day of Preparation, the chief priests and Pharisees gathered together to Pilate, ⁶³ saying, "Sir, we remember, while He was still alive, how that deceiver said, 'After three days I will rise.'*
 - ⁶⁴ *Therefore command that the tomb be made secure until the third day, lest His disciples come by night and steal Him away, and say to the people, 'He has risen from the dead.' So the last deception will be worse than the first."* ⁶⁵ *Pilate said to them, "**You have a guard; go your way, make it as secure as you know how.**"* ⁶⁶ *So they went and made the tomb secure, sealing the stone and setting the guard.*
- Mark 16:2-7** ² **VERY EARLY IN THE MORNING, ON THE FIRST DAY OF THE WEEK**, they came to the tomb when the sun had risen. ³ *And they said among themselves, "Who will roll away the stone from the door of the tomb for us?"* ⁴ *But when they looked up, they saw that **THE STONE HAD BEEN ROLLED AWAY—FOR IT WAS VERY LARGE.*** ⁵ *And entering the tomb, they saw a young man clothed in a long white robe sitting on the right side; and they were alarmed. ⁶ But he said to them, "**DO NOT BE ALARMED. YOU SEEK JESUS OF NAZARETH, WHO WAS CRUCIFIED. HE IS RISEN! HE IS NOT HERE.** See the place where they laid Him. ⁷ But go, tell His disciples—and Peter—that **HE IS GOING BEFORE YOU INTO GALILEE; THERE YOU WILL SEE HIM,** as He said to you."*
 - No matter how bad our circumstances are and no matter how big the problems that block us, God is still able to get rid of them!**

- He also has the power to resurrect all of us!

II. TO RISE UP, IT NEEDS EXTRA STRENGTH.

a. JESUS COULD RISE QUICKLY, BECAUSE HE WAS FULL OF POWER, FULL OF MIGHT!

- He only needed 3 days to rise up and turn things around. My question: then what about us?
 - **2 Kings 19:3** *They told him, "This is what Hezekiah says: 'This is a day of distress, insults, and humiliation, as when a baby is ready to leave the birth canal, **BUT THE MOTHER LACKS THE STRENGTH TO PUSH IT THROUGH.***
- **2 Timothy 1:7** *For God has not given us a spirit of fear, **BUT OF POWER** and of love and of a sound mind.*

III. HOW CAN WE RECEIVE THE STRENGTH TO BE ABLE TO RISE IMMEDIATELY?

1. YOU HAVE TO BELIEVE THAT YOU CAN RISE.

- **Matthew 17:22-23** *Now while they were staying in Galilee, Jesus said to them, "The Son of Man is about to be betrayed into the hands of men,²³ and they will kill Him, and the **THIRD DAY HE WILL BE RAISED UP.**" And they were exceedingly sorrowful.*
- For God's children, resurrection is a natural DNA that flows in our blood.
 - **Acts 23:8b** *For Sadducees say that there is no resurrection—and no angel or spirit; but the Pharisees confess both,*

2. START TO RISE.

- **Ephesians 5:14** *Therefore He says: "Awake, you who sleep, Arise from the dead, And Christ will give you light."*
 - We long for God to help us first, then we start to rise. But God wants us to rise first, and that's when He will help us.
- Do not spend your energy to mourn your failures, but use your energy to rise for real!

3. WHILE YOU ARE TAKING STEPS TO RISE, NEVER ALLOW SOMETHING NEGATIVE TO BE AROUND YOU THAT CAN THWART YOUR AWAKENING.

- **Mark 5:35-42** ³⁵ *While He was still speaking, some came from the ruler of the synagogue's house who said, "Your daughter is dead. Why trouble the Teacher any further?"* ³⁶ **AS SOON AS JESUS HEARD THE WORD THAT WAS SPOKEN, HE SAID TO THE RULER OF THE SYNAGOGUE, "DO NOT BE AFRAID; ONLY BELIEVE."** ³⁷ *And He permitted no one to follow Him except Peter, James, and John the brother of James.* ³⁸ *Then He came to the house of the ruler of the synagogue, and saw a tumult and those who wept and wailed loudly.* ³⁹ *When He came in, He said to them, "Why make this commotion and weep? The child is not dead, but sleeping."* ⁴⁰ **AND THEY RIDICULED HIM. BUT WHEN HE HAD PUT THEM ALL OUTSIDE,** *He took the father and the mother of the child, and those who were with Him, and entered where the child was lying.* ⁴¹ *Then He took the child by the hand, and said to her, "Talitha, cumi," which is translated, "Little girl, I say to you, arise."* ⁴² **Immediately the girl arose and walked,** *for she was twelve years of age. And they were overcome with great amazement.*
 - Many people fail to experience resurrection because maybe there are people who are not supportive, but instead weaken the faith.
 - Ignore negative words that can make us fail to rise.

- **Make sure your circle is filled with lines of believers who can strengthen your faith and support you.**

QUESTIONS: Have you ever had experience rock bottom in your life? How did you rise and go through that hard times? Please share!

APPLICATIONS: After you listened to the Word of God this week, what will you do to stay strong and rise up?

Prophetic Prayer (10 minutes)

The leader of prayer invites gives courage and leads the members to pray together.

1. Great harvest and 1 million warriors.
2. Unity in Indonesia
3. God's mighty visitation and unity in Keluarga Allah Global.
4. The Senior Pastor, Ps. Obaja Tanto Setiawan, his family also other servants
5. The struggle of every congregation and the names are written on Harvest Card.

Question: From the sermon on Sunday, who has applied the Word of God into practice and experienced the grace of God during the week?

- *Members who have become doer and have experienced the grace of God are invited to share one by one.*
 - *If there is none to share their testimony or none of them has received any breakthrough though they have applied it in their daily life, then it's the "application sharing" leader and Cell Leader to testify (This is the importance of a cell leader to apply the Word of God in their life, to be the testimony for the cell member)*
- *Use the testimonies to:*
 - To uphold the Word.*
 - To show the advantage of becoming the doer of the Word.*
 - To know how the members can become the doer of the Word.*

To encourage all members to become the doer of the Word that all could receive the grace of God.

PLAN and TARGET (15 minutes)

Cell leader leads this section which aims to evaluate the cell group and to plan the next week's cell group.

CLOSING PRAYER (5 minutes)